

Helios School HELP Welcome

Welcome to the Helios Everything Library Page (HELP)!
 Here you will find more information about every part of our program - from camping to literacy, Imagine Lab to Expeditions.
 Use the buttons below or the headings above to view our curriculum for different ages. The Schoolwide Program page explains how each component of a Helios education supports gifted learners and their families. For details that are specific to each age, select the homeroom name.



Helios' Mission and Vision guide our program, which helps students to develop the internal traits described in the nine Helios Learner Outcomes.



Our mission is to provide engaging and imaginative education that meets the unique intellectual, social, and emotional needs of gifted students and families, and to empower authenticity through respect for self and others.

VISION: Helios School students develop...

- a life-long love of learning that is internally motivated and self-directed
 - academic skills and self-discipline
 - a positive sense of self, and
 - respect and empathy for others
- ...to thrive in and contribute to a dynamic and interconnected world.

1. Self-Awareness

I understand myself, my reactions, and my connection to the world. I recognize my own emotions, thoughts, beliefs, biases, motivations, needs, strengths and weaknesses. I understand the connection between my thoughts, feelings, biases, and behaviors and how this connection influences my choices. I understand my interconnectedness with, and impact on, my physical, social, and natural environment.

4. Knowledge

I demonstrate mastery in areas of study. Areas of study at Helios include literacy, mathematics, social studies, science, wilderness/nature, Imagine Lab, PE, and self-chosen subjects like Passion Projects or Explorations.

7. Perspectives

I understand various cultures and perspectives, social problems, and positive action. I understand the perspectives, values, identities, and traditions of myself and a wide range of other individuals and communities. I understand social problems in the past and present from multiple perspectives. I recognize the value of exchanging thoughts, feelings, and ideas with others; of problem-solving and positive action in communities, historically and for the future.

2. Self-Management

I have strategies to act intentionally, reflect on growth, and use resources to grow. I have strategies to manage my emotions, responses, time, and tasks. I focus on my own growth, rather than achievement. I have the skills to use experience, feedback, teaching, and other resources for my own growth.

5. Academic Skills

I have strategies to make sense and meaning, activate creativity, execute projects, and communicate effectively. I explore, inquire, observe, make connections, find patterns, synthesize, and think critically. I imagine, innovate, and invent. I recognize problems in the world, break them down, and create new solutions. I communicate effectively through writing, speaking, and presentations to various audiences for various purposes.

8. Connection & Leadership

I have strategies to promote understanding, identify and solve problems with others, and promote belonging. I can effectively exchange feelings, perspectives, and ideas with others, engage in uncomfortable conversations, and challenge assumptions. I can recognize and draw attention to problems, and strategize with others to meet the needs of everyone. I have strategies to form or join a group, include others, and maintain the group so that everyone has an equal voice.

3. Courage

I choose challenge and risk, perseverance, and integrity. I approach academic, social, emotional, and physical risks and challenges with courage, forethought and deliberation. I demonstrate grit and resilience. I act with honesty and integrity in challenging situations, staying true to my personal values and bringing injustice to light.

6. Active Learning

I choose learning, creation, excellence, and expertise. I seek out and take ownership for learning, motivated by curiosity. I create stories and artwork, build devices and objects, and complete projects. I pursue excellence through craftsmanship, self discipline, and flexibility. I learn deeply from experts and experience, and then apply my expertise independently, as part of a team, and by teaching others.

9. Belonging & Justice

My actions promote dignity for all, build community, and improve the world. I act with a strong sense of fairness and respect for the dignity of the human and non-human world. I participate in, contribute to, and enhance others' sense of belonging in the community. I act as an agent of positive change in my community and the world.