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# Hummingbird Camping

The Hummingbirds have a month-long camping curriculum that culminates in a one night “camping trip” in May on the Helios field.



Camping skills focus for Hummingbirds:

- Setting up tents
- cooking marshmallows
- spending a night away from home.

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## Camping Activities

Students participate in different activities such as nature art, reading, and board games, in a tent the day of the camping trip.

At night, students eat a meal cooked using the Helios camping gear and participate in their first Helios campfire, where families are invited to attend. The students then sleep overnight in tents on the field, and families are invited.



## Preparing at Home

Families can help their Hummingbirds prepare for a great trip by giving them opportunities for:

- Time outside
- silent time in nature
- staying away from home.



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